# Organizations That Support Grieving Children and Families

**Eluna Network** - Provides support for families impacted by grief or addiction through conversations, activities, and resources for children, teens, caregivers, and professionals. They provide individualized resources tailored to specific needs.

**What's Your Grief** - They promote grief education, exploration, and expression in both practical and creative ways through resources, tools, and guidance.

**National Alliance for Children's Grief** - The alliance is a national organization of professionals dedicated to supporting children and the networks and communities surrounding them.

Individual Student Bereavement Support Plan

**HighMark Caring Place** - Based in Pennsylvania HighMark Caring Place provides peer support groups, educational programs, consultation services, presentations and resources for schools and other professionals in the community who work with children.

**Centering Grief Resources** - Books, care packages, and workbooks that support all types of grief and loss for children, teens, adults, caregivers, and professionals.

**COPE Foundation** - This organization helps children who have lost a parent due to addiction through support, education, and advocacy.

**The Dougy Center** - Support, resources, and toolkits before and after a death. Includes support for various types of illness and death for children, teens, families, and schools.

What to Say Instead

**New York Life Foundation** - NYLF offers grief-informed school trainings, grief research data, education, free books, articles, and activities that support bereaved children.

**Judi's House/JAG Institute** - They provide grief support services in the form of counseling, home activities, reading suggestions, and education for schools.

**CareNotes** - CareNotes offer inspirational booklets on a variety of topics to help individuals heal mind, body, and spirit.

**Mighty and Bright** - Engaging and thoughtful books about extremely hard topics, so parents can feel more confident having hard conversations about cancer, end-of-life, anxiety, feelings, and illness.

**The Compassionate Friends** - They support bereaved parents, siblings, and grandparents. There are chapters located around the country that provide support groups.

**Wild Grief** - A non-profit rooted in Olympia, WA that serves people who are grieving the death of someone significant to them. They offer teens, young adults, and families free outdoor experiences and a path to healing through nature.

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**MISS Foundation** - Access to counseling resources, advocacy information, research on traumatic grief, education for healthcare providers and community members, and support services for those grieving the death, or impending death, of a child.

**Grief Sucks** - An online community for teens run by teens, that talks about and explores teen grief topics through videos, blogs, posts, and teen interests.

**Sesame Workshop** - The nonprofit educational organization behind Sesame Street, offering resources to help children and families navigate challenging experiences. Their grief resources use familiar characters, child-friendly language, and supportive activities to help children understand their feelings and find ways to cope.

**Experience Camps** - Award-winning national nonprofit that transforms the lives of grieving children through summer camp programs and innovative, year-round initiatives.

**Camp Agape Grief Recovery Program** - Grief recovery program designed for children aged 7 to 12 who have experienced the loss of a loved one. It offers a supportive, faith-based environment where children can engage in activities that promote healing and hope, all at no cost to the families involved.

**Chameleon's Journey** - Children's and teens' grief camp program. It offers free grief camps for ages 7–17, including day and overnight camps in North Carolina and surrounding areas.

**Comfort Zone Camp** - A nonprofit bereavement organization who offers free grief camps and support for kids who've lost a parent or sibling.

**Good Grief** - Good Grief builds resilience in children, strengthens families and empowers communities to grow from loss and adversity.

**Words Worth Repeating** - Collaborates with families and organizations to develop books. These books help children process medical issues, understand life changing events, and remember loved ones.

**Courageous Parent's Network** - Offers a wide range of curated digital resources and programming designed to help caregivers navigate that path with support and a sense of community. Programming also includes a robust social media presence, monthly educational webinars and newsletters, and both live and virtual presentations.